## I CAN

- $\bullet \qquad \text{trace the flow of energy in a system.}$
- recognize various forms of energy.
- explain why most things that emit light also emit heat.
- describe the many ways in which energy can be transformed from one type of energy to another type of energy.
- illustrate the ways that heat can move from one object to another.
- analyze how waves travel at different speeds through different materials.