## What is Energy?

Definition: Energy is $\qquad$

Energy can change an object's motion, color, shape, temperature, or other qualities.

There are many forms of energy
$>$ Sound
$>$ Light
$>$ Electricity
$>$ Magnetism
$>$ Chemical
$>$ Nuclear
$\Rightarrow$ Mechanical
$>$ Thermal
Energy $\qquad$ ,
but it can $\qquad$ from one form of energy to another form of energy. It can also

Let's examine the example of fireworks.
Can you explain how energy changes when you turn on a lamp?

Can you explain how energy changes in a car's engine?

Every time energy changes form, some amount of energy
$\qquad$

Energy can be

If energy can give off heat, what is one way that we can measure energy? $\qquad$

Measurements of energy can be used to identify which devices are more energy efficient. A device is energy efficient when $\qquad$

Have you ever seen those energy-efficiency stickers and labels on appliances, such as refrigerators, dishwashers, or washing machines?

What can you determine about the energy efficiency of a refrigerator that feels hot on the outside?

